



## SYMPTOM CRITERIA FOR A DIAGNOSIS OF ADHESIVE ARACHNOIDITIS (AA)

We have researched the symptoms of several hundred persons who have MRI-confirmed, lumbar-sacral AA. Over 80% have these five symptoms.

1. Constant back pain with stabbing or shooting pains into the buttocks, legs, or feet.
2. Pain is lessened by standing or reclining.
3. Difficulty starting, stopping, or holding urination.
4. Burning or electrical shocks in feet.
5. Sensation of insects or water on the legs.

If a person has 3 or more of the symptoms shown here, a contrast lumbar-sacral MRI and blood tests for spinal canal inflammation are warranted.

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